

Week at a Glance: MVH-Fergus Falls

Menu: Regular

Week 1

<i>Monday July 27</i>	<i>Tuesday July 28</i>	<i>Wednesday July 29</i>	<i>Thursday July 30</i>	<i>Friday July 31</i>	<i>Saturday August 1</i>	<i>Sunday August 2</i>
Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Toast/Butter Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon or Side Pork Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Links Danish Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Corned Beef & Hash Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Cinnamon Roll Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Chicken Sausage Links Toast Butter/Jam/Jelly Banana or Fruit Cup
BBQ Baby Back Ribs Twice Baked Potato Fresh Asparagus w/Hollandaise Sauce Peach Cobbler Milk ~ Coffee	Alt:Chef Salad Teriyaki Meatballs White Rice Oriental Vegetables Egg Roll Ice Cream Du Jour Milk ~ Coffee	Pork Shoulder Steak Fried Potatoes Garden Veggie Blend Dinner Roll w/Butter Cinnamon Apple Sauce Milk ~ Coffee	Hot Ham and Cheese Sliders Dill Pickle Spear Tomato Soup Orange Fluff Milk ~ Coffee	Chicken Tenders Macaroni & Cheese Buttered Peas Bread/Butter Assorted Pies or Chocolate Pudding Milk~Coffee	Grilled Vidalia Burger Waffle Fries Lettuce, Tomatoes, Onions Cantaloupe Milk~Coffee	Country Chicken Casserole Dinner Roll w/Butter Glazed Carrots Blue Berries & Cream Milk ~ Coffee
Cheese Burger Casserole Stewed Tomatoes Vanilla Pudding Bread/Butter Milk ~ Coffee	Pizza 3 Bean Salad Tropical Fruit Salad Milk ~ Coffee	Swiss Steak Mashed Potatos w/Gravy Bermuda Blend Veggies Dinner Roll w/Butter Sliced Peaches	Calico Bean Casserole 5 Way Veggie Blend Bread & Butter Sherbet Milk ~ Coffee	Hamburger Macaroni Casserole Green Beans Bread & Butter Frosted Chocolate Cake Milk ~ Coffee	Pulled Pork on Bun Pickle Spear Tater Tots Garden Veggie Blend Peach Halves Milk ~ Coffee	Salisbury Steak Mashed Potatoes w/Gravy Capri Blend Veggies Chocolate Brownie Milk ~ Coffee
Alternate:	Alternate:	Alternate:	Alternate:	Alternate:	Alternate:	Alternate:
Soup: Chicken Noodle Sandwich: Deli Turkey	Soup: Vegetable Beef Sandwich: Roast Beef	Soup: Wild Rice Sandwich: Ham	Soup: Broccoli Sandwich: Egg Salad	Soup: Tomato Sandwich: Cheese	Soup: Ham & Bean Sandwich: Tuna	Soup: Chili Cornbread

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Week 2

Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8	Sunday August 9
Juice of Choice Hot Cereal of Choice Scrambled Eggs Fried Ham Toast/Butter Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Link Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Danish Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Corned Beef & Hash Toast/Butter/Jam Banana or Fruit Cup	Juice of Choice Caramel roll, Bacon Scrambled Eggs Hot Cereal of Choice Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Link Toast Butter/Jam/Jelly Banana or Fruit Cup
Pot Roast Mashed Potatoes Gravy Baby Carrots Dinner Roll Apple Crisp Milk ~ Coffee	Alternate:Cobb Salad Polish Sausage Creamed Sauerkraut Oven Browned Potatoes Bread & Butter Soft Serve Ice Cream Milk ~ Coffee	Cheesy Chicken Breast Chuck Wagon Corn French Fries Bread & Butter Cherry Crisp Milk ~ Coffee	Seafood Primavera Broccoli Dinner Roll w/Butter Key Lime Pie Milk ~ Coffee	Philly Cheese Steak French Fries California Blend Ice Cream Sandwich Milk ~ Coffee	Ricotta Stuffed Manicotti Dinner Salad or Sauteed Spinach Dinner Roll w/Butter Blueberries and Strawberries	Roast Turkey /w Dressing Mashed Pot w/Gravy Squash Dinner Roll w/Butter Pumpkin Pie Milk ~ Coffee
BBQ Pork Chop Fried Potatoes Green Beans Bread/Butter Strawberries & Cream Milk ~ Coffee	Bacon Lettuce Tomato Sandwich Potato Soup Green Grapes Milk ~ Coffee	Country Fried Steak Mashed Potatoes Cream Gravy Peas Dinner Roll w/Butter Pineapple Tidbits Milk~Coffee	Grilled Hot Dog On a Bun Green Bean Casserole Potato Salad Watermelon Milk ~ Coffee	Breaded Shrimp Baked Potato Cucumber Salad Dinner Roll w/Butter Lemon Bar Milk ~ Coffee	BBQ Riblette Mashed Potatoes Gravy Buttered Carrots Dinner Roll Fruit Cocktail Milk ~ Coffee	French Dip Tater Tots Green Beans Mandarin Oranges Milk ~ Coffee
Alternate: Soup: Potato Sandwich: Ham Salad	Alternate: Soup: Vegetable Beef Sandwich: Roast Beef	Alternate: Soup: Broccoli Cheese Sandwich: Summer Sausage	Alternate: Soup: Ham & Bean Sandwich: Bologna	Alternate: Soup: Wild Rice Sandwich: Chicken Salad	Alternate: Soup: Wisconsin Cheese Sandwich: Egg Salad	Alternate: Soup: Tomato Sandwich: Grilled Cheese

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Week 3

Monday August 10	Tuesday August 11	Wednesday August 12	Thursday August 13	Friday August 14	Saturday August 15	Sunday August 16
Juice of choice Hot Cereal of Choice Scrambled Eggs Hashbrowns, Bacon Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs, Bacon Danish Or Toast Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs, Fried Ham Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Side Pork Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Corned Beef & Hash Scrambled Eggs Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Chicken Sausage Link Toast Butter/Jam/Jelly Banana or Fruit Cup
Lasagna Dinner Salad Or Satueed Spinach Bread Stick Cantaloupe Milk ~ Coffee	ALTERNATE: Chef Salad Liver & Onions Sweet Mashed Potatoes Broccoli Bread/Butter Ice Cream Du Jour Milk ~ Coffee	Creamed Chipped Beef on Toast Seasoned Carrots Banana Cream Pie Milk ~ Coffee	Chicken Alfredo Broccoli Garlic Bread Stick Pistachio Pudding Milk ~ Coffee	Lemon Pepper Tilapia Rice Pilaf Oriental Vegetables Bread & Butter Lime Jello w/Fruit Milk ~ Coffee	BBQ Chicken Potato Salad Beets Bread & Butter Strawberries & Cream Milk ~ Coffee	Roast Beef Mashed Potatoes/Gravy Seasoned Carrots Dinner Roll/Butter Iced Pound Cake Milk ~ Coffee
Pancakes Scrambled Eggs Sausage Links Red Grapes Milk ~ Coffee	Fish Sticks w/Tarter Waffle Fries Peas & Carrots Dinner Roll w/Butter Lemon Bar Milk ~ Coffee	Chicken Dumplings Peas Dinner Roll w/Butter Cinnamon Apple Sauce Milk ~ Coffee	Hot Turkey Sandwich Buttered Corn Cranberries Chocolate Pudding Milk ~ Coffee	Pizza Service Foods Deli Spring Pasta Salad Sugar Cookie Milk ~ Coffee	Tater Tot Casserole 5 Way - Vegetable Bread & Butter Peaches Milk ~ Coffee	Grilled Bratwurst Sausage On a Bun Baked Beans French Fries Fruit Cocktail Milk ~ Coffee
<u>Alternate:</u> Soup: Minestrone Sandwich: Turkey	<u>Alternate:</u> Soup: Chili Cornbread	<u>Alternate:</u> Soup: Corn Chowder Sandwich: Tuna Salad	<u>Alternate:</u> Soup: Beef Barley Sandwich: Summer Sausage	<u>Alternate:</u> Soup: Wisconsin Cheese Sandwich: Egg Salad	<u>Alternate:</u> Soup: Potato Sandwich: Ham Salad	<u>Alternate:</u> Soup: Chicken Noodle Sandwich: Bologna

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Week 4

Monday August 17	Tuesday August 18	Wednesday August 19	Thursday August 20	Friday August 21	Saturday August 22	Sunday August 23
Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon, Hashbrowns Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Danish, Bacon Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Canadian Bacon Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Caramel Roll, Bacon Butter Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Fried Ham Toast Butter/Jam/Jelly Banana or Fruit Cup
Chicken Drumsticks w/ Buffalo Sauce Tater Tots Coleslaw Bread & Butter Sherbet Milk ~ Coffee	Alt: Taco Salad Meatloaf Potatoes Au Gratin Broccoli & Cauliflower Dinner Roll w/Butter Ice Cream Du Jour Milk ~ Coffee	Breaded Cod Creamy Cucumber Salad Dinner Roll w/Butter Wild Rice Blend Watermelon Milk ~ Coffee	Chicken Pot Pie Cauliflower Dinner Roll w/Butter Strawberry Rhubarb Pie Milk ~ Coffee	Chicken Burger Lettuce & Tomatoes Or Spinach Potato Chips Fresh Pineapple Milk ~ Coffee	Pork Roast Mashed Potatoes Gravy Corn Dinner Roll Pears Milk~Coffee	Oven Baked Chicken Baked Potato Dinner Salad & Dressing Dinner Roll w/Butter Chocolate Brownie Milk ~ Coffee
Beef Stew Biscuit Mandarin Orange Cake Milk ~ Coffee	Macaroni Casserole Stewed Tomatoes Dinner Roll w/Butter Pears Milk ~ Coffee	Honey Glazed Ham Crispy Cubed Potatoes Creamed Peas Bread/Butter Applesauce Milk ~ Coffee	Turkey Primavera Broccoli Bread & Butter Spice Cake Milk ~ Coffee	Tuna & Potato Chip Casserole Seasoned Carrots Dinner Roll Lemon Meringue Pie Milk ~ Coffee	Beef Stroganoff Egg Noodles California Blend Veggies Bread/Butter Peach Crisp Milk~ Coffee	Beer Cheese Soup Chicken Salad/Croissant Lettuce & Tomatoes Or Spinach Tapioca Pudding Milk ~ Coffee
<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>
Soup: Broccoli Cheese Sandwich: Deli Turkey	Soup: Wild Rice Sandwich: Chicken Salad	Soup: Potato Soup Sandwich: Meatloaf	Soup: Tomato Sandwich: Grilled Cheese	Soup: Chicken Noodle Sandwich: Ham	Soup: Minestrone Sandwich: Tuna	Soup: Corn Chowder Sandwich: Bologna